October 2019 Breakfast

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pancake on a Stick Cereal Fruit Juice Milk	2 Biscuit and Gravy Cereal Fruit Juice Milk	3 Kolache* Cereal Fruit Juice Milk	4 Muffin Yogurt Cereal Fruit Juice Milk
7 Pancake Sausage Patty Cereal Fruit Juice Milk	8 Toast Scrambled Eggs Cereal Fruit Juice Milk	9 Biscuit and gravy Cereal Fruit Juice Milk	10 Breakfast Taco Cereal Fruit Juice Milk	11 Donut Holes Cereal Fruit Juice Milk
14 Sweet Waffle Sticks Cereal Fruit Juice Milk	15 Breakfast Pizza Cereal Fruit Juice Milk	16 Chicken Biscuit Cereal Fruit Juice Milk	17 Yogurt Parfait Cereal Fruit Juice Milk	18 Cinnamon Roll Cereal Fruit Juice Milk
21 French Toast Sticks (3) Cereal Fruit Juice Milk	22 Pancake on a Stick Cereal Fruit Juice Milk	23 Blueberry Muffin Yogurt Cereal Fruit Juice Milk	24 Toast Breakfast Scramble Cereal Fruit Juice Milk	25 Biscuit and Gravy Cereal Fruit Juice Milk
28 Pancake (1) Sausage Patty Cereal Fruit Juice Milk	29 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	30 Biscuit and Gravy Cereal Fruit Juice Milk	31 Breakfast Burrito Cereal Fruit Juice Milk	1 Donut Cereal Fruit Juice Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER